

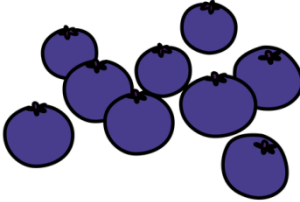
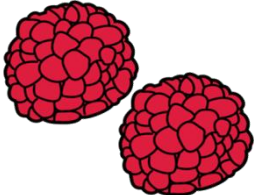


GELAT DE IOGURT I FRUITES DEL BOSC




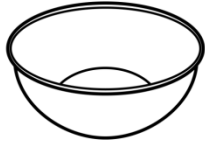
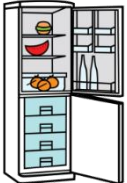


GELAT DE IOGURT I FRUITES DEL BOSC

ALIMENTS:

- IOGURT 
- MADUIXES 
- NABIUS 
- GERDS 

ESTRIS DE CUINA:

- PAL DE POLO 
- GANIVET 
- MOTLLE 
- BOL 
- CONGELADOR 

GELAT DE IOGURT I FRUITES DEL BOSC

RECEPTA DEL GELAT:



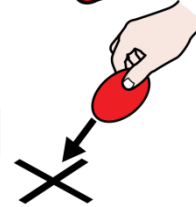
1. ENS RENTEM LES MANS



2. TALLEM LES MADUIXES



3. EN UN BOL POSEM :



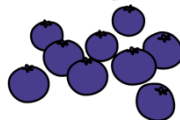
- EL IOGURT



- LES MADUIXES



- LES NABIUS



- ELS GERDS

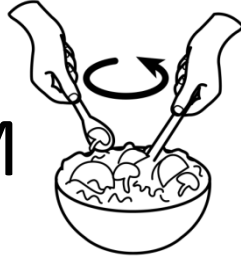


GELAT DE IOGURT I FRUITES DEL BOSC

RECEPTA DEL GELAT:



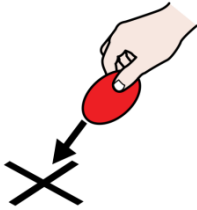
4. HO BARREJEM



AMB 1 CULLERA



5. POSEM



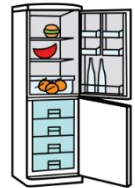
LA BARREJA ALS MOTLLES



6. POSEM ELS MOTLLES



AL CONGELADOR



7. QUAN ESTIGUIN CONGELATS



ELS PODEU

TREURE DELS MOTLLES



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